

Where: PR2 Topic 2 – Module 2.1 – Video resources: “Sexuality and the Older Person”

<https://edusexage-mooc.eu/topic2/>

VIDEO: Sexuality and the Older Person

When you are young, it's easy to assume that as the skin starts sagging and the hair starts greying, the older person stops enjoying sexual activity and their sexuality becomes irrelevant. We will show you that age doesn't have to be a barrier to sexual imagination and desire and indeed practice this program will aim to give you a deeper understanding of what sexuality is, what it means to older people and how you can allow them the freedom to fulfil their often misunderstood needs.